

Ashlyne Elliott, PhD, LAT, ATC

Clinical Assistant Professor

Director of Clinical Education (2nd year MAT students)

Department of Health and Human Performance

University of Houston

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EDUCATIONAL BACKGROUND AND TRAINING

Undergraduate

- 2015 BS, Kinesiology (Minor: Human Nutrition and Foods), University of Houston, Houston, TX

Graduate

- 2017 Master of Athletic Training, University of Houston, Houston, TX
- 2021 PhD, Kinesiology (Exercise Nutrition and Health Promotion), Baylor University, Waco, TX
 - Dissertation: Exploring adverse outcomes and potential alleviators of burnout in athletic training students

Postgraduate

- 2018 Post-Professional Athletic Training Residency (Orthopedic Rehabilitation), Texas Health Resources, Fort Worth, TX
- 2022 Post-Doctoral Fellowship, Health Professions Education, Evaluation, and Research, Veterans Health Administration (Michael E. DeBakey VAMC; IQuEST), Houston, TX

Licensure and Certification

- Board of Certification (BOC), Certified Athletic Trainer (ATC), active
- State of Texas, Licensed Athletic Trainer (LAT), active
- American Heart Association BLS Provider, active

RELEVANT TEACHING AND PROFESSIONAL EXPERIENCES

Principal Academic Appointments Held

- **2024–Present Clinical Assistant Professor; Director of Clinical Education (2nd Year), Master of Athletic Training Program, Department of Health and Human Performance, University of Houston, Houston, TX**
 - Coordinate and oversee clinical education for second-year MAT students (placements, preceptor support, student progression)
 - Collaborate with first-year clinical education leadership to support integration of didactic and clinical learning
 - Lead program-level assessment and outcomes management (learner, alumni, preceptor, stakeholder surveys)
 - Manage and analyze quantitative data to support accreditation reporting and longitudinal outcomes tracking
 - Advance alumni engagement initiatives, including structured alumni surveys and connectivity strategies
 - Teach graduate coursework in clinical education, behavioral health, and health professions practice
 - Contributed to collaborative faculty initiative recognized with the 2025 CAATE Innovation Award (award to MAT program; submission led by Elliott)

- **2022–2024 Assistant Professor of Professional Practice; Core Faculty, Master of Science in Athletic Training Program; Co-Clinical Education Coordinator, Interprofessional Education Coordinator, Department of Kinesiology, Texas Christian University, Fort Worth, TX**
 - Taught undergraduate and graduate coursework in athletic training and health professions education
 - Collaborate with lead clinical education leadership to support integration of didactic and clinical learning
 - Coordinated interprofessional education initiatives and simulation-based learning activities
 - Designed accreditation-aligned assessment tools (including preceptor and alumni surveys)

Other Appointments/Positions Held Concurrently

- **2021–2022 Advanced Postdoctoral Fellow, Health Professions Education, Evaluation and Research, Michael E. DeBakey Veterans Affairs Medical Center (IQuEst), Houston, TX**
 - Coordinated national interprofessional education initiatives across 11 VA hospitals and one international site
 - Supported design and evaluation of patient safety and quality improvement programs
 - Conducted survey-based outcomes evaluation and quantitative data analysis
 - Contributed to peer-reviewed manuscripts and internal/external grant review activities

- **2018–2021 Doctoral Assistant Athletic Trainer (Graduate Assistant Athletic Trainer), Baylor University, Waco, TX**
 - Provided clinical care within Division I athletics including post-operative rehabilitation and event coverage
 - Documented patient outcomes using electronic athlete management systems to support longitudinal tracking
 - Served as instructor of record and teaching assistant within CAATE-accredited MAT coursework
 - Conducted doctoral research on burnout and well-being in healthcare education using quantitative methods

- **2017–2018 Athletic Training Resident, Texas Health Resources, Ben Hogan Sports Physical Therapy, Fort Worth, TX**
 - Completed CAATE-accredited post-professional residency in orthopedic rehabilitation
 - Provided outpatient sports medicine evaluation and rehabilitation services
 - Managed post-operative rehabilitation cases (eg, ACL, TKA, shoulder, hip, ankle)
 - Utilized Epic EHR for documentation and outcomes tracking
 - Contributed to data collection and management for ongoing clinical research

Administrative Roles

- 2024–Present Director of Clinical Education (2nd Year MAT Students), Master of Athletic Training Program, University of Houston
- 2022–2024 Co-Clinical Education Coordinator (2nd Year MSAT Students), Master of Science in Athletic Training Program, Texas Christian University
- 2022–2024 Coordinator of Ongoing Preceptor Education, Master of Science in Athletic Training Program, Texas Christian University
- 2021–2022 Course Director, Quality Scholars Fellowship National Curriculum, Veterans Affairs Quality Scholars (VAQS)

Honors and Awards

- 2025 CAATE Innovation Award. Integrating Artificial Intelligence Literacy into Athletic Training Education: Enhancing Student Preparedness through Chatbot-Driven Learning. (Award to MAT program; collaborative faculty initiative; award submission led by Elliott.)
- 2025 Inducted Professional Member, Athletic Training Academy, National Academies of Practice
- 2024 James Dodson New Horizon Award, Southwest Athletic Trainers' Association
- 2022 Third Place Poster, Educational Research Category, Baylor College of Medicine Research Symposium

Professional Memberships

- National Academies of Practice, Athletic Training Academy
- National Athletic Trainers' Association
- Southwest Athletic Trainers' Association
- Texas State Athletic Trainers' Association
- Greater Houston Athletic Trainers' Association

Service to Professional Organizations

- **National Academies of Practice**
 - 2025–Present Committee Member, Professional Development Committee
 - 2025–Present Committee Member, Athletic Training Academy Finance Committee

- **Southwest Athletic Trainers' Association**
 - 2025–Present Committee Member, Free Communications Committee
 - 2024–Present Committee Member, Student Development Workshop Committee

- **Board of Certification**
 - 2024–Present Committee Member and Item Writer, MCQ Committee
 - 2022–2023 Workgroup Member, Quality Improvement Workgroup

- **National Athletic Trainers' Association**
 - 2022–2024 Cabinet Member, EducATionalist Community

- **International Journal of Exercise Science**
 - 2025–Present Committee Member, Student Research Week Committee

- **Journal Peer Review**
 - 2020–Present Ad hoc reviewer: Athletic Training Education Journal; Journal of Athletic Training; International Journal of Athletic Training and Therapy

University and Public Service

- **University Service**
 - 2026–Present Ad-Hoc Awards Committee Liaison, Department of Health and Human Performance, University of Houston
 - 2026–Present Member, Health Professions Advisory Committee, University of Houston
 - 2025–Present Member, NTT Annual Review Committee, Department of Health and Human Performance, University of Houston
 - 2024–2025 Member, Scholarship Committee, Department of Health and Human Performance, University of Houston
 - 2024–Present Co-Advisor, Athletic Training Student Society, University of Houston
 - 2022–2024 Faculty Advisor, Athletic Training Student Association, Texas Christian University

- 2022–2024 Member (Preceptor Subcommittee Lead Representative; Green Chair Subcommittee Member), Interprofessional Research, Education, and Practice Committee, Harris College of Nursing and Health Science, Texas Christian University
- 2023 Frog Family Dinner Host, Texas Christian University
- **Community Involvement/Outreach**
 - 2026 Captain, Medical Aid Station (Mile 18.5), Chevron Houston Marathon, Houston, TX
 - 2025 Medical Volunteer, IRONMAN Texas North American Championship, Houston, TX
 - 2025 Captain, Medical Aid Station (Mile 8), Chevron Houston Marathon, Houston, TX
 - 2023 Volunteer, Maggie Dixon Heart Health Fair Blood Pressure Booth, Texas Christian University

Teaching and Mentoring

- **Courses Taught**
 - University of Houston, Houston, TX (2024–Present)
 - KIN 3350 Psychological Aspects of Sport and Exercise
 - KIN 1352 Foundations of Kinesiology, Health, and Fitness
 - ATP 6303 General Medicine/Pharmacology I – Systems and Evaluation
 - ATP 7301 Head, Neck and Spine Evaluation
 - ATP 7301 Head, Neck and Spine Evaluation Lab
 - ATP 6312 Therapeutic Interventions I
 - ATP 6112 Therapeutic Interventions I Lab
 - ATP 7312 Therapeutic Interventions II
 - ATP 7112 Therapeutic Interventions II Lab
 - ATP 7194 Clinical Experience IV
 - ATP 7295 Clinical Experience V
 - ATP 7196 Clinical Experience VI
 - ATP 7321 Behavioral Health in Athletic Training
 - ATP 7297 Case Study Preparation and Submission
 - Texas Christian University, Fort Worth, TX (2022–2024)
 - UNLF 10211 Introduction to University Life
 - KINE 20313 Foundations of Sport Injuries
 - KINE 50124 Head, Neck, Spine
 - KINE 55001 Athletic Training Clinical I
 - KINE 55013 Clinical Skills and Emergency Management

- KINE 55042 Research in Athletic Training
 - KINE 60323 Behavioral Health Concerns for the Athletic Trainer
 - KINE 60403 Athletic Training Clinical IV
 - KINE 60533 Athletic Training Clinical V
- Baylor University, Waco, TX
 - HP 5303 Therapeutic Interventions II (Teaching Assistant, Spring 2020; Spring 2021)
 - HP 5201 Administrative Topics in Athletic Training (Instructor of Record, Fall 2019)
 - HP 5401 Evaluation and Diagnosis II (Teaching Assistant, Fall 2018)
 - HP 4320 Clinical Education IV (Instructor of Record, Spring 2019)
- **Mentored Student Research Presentations**
 - Armstrong J, Sulapas I, Knoblauch M, Elliott A. A case study of unknown back pain after procedures for degenerative disc disease. Poster presented at: Southwest Athletic Trainers' Association Clinical Symposium; Jul 2025; Frisco, TX.
 - Perez E, Holtgrieve N, Knoblauch M, Elliott A. A case study on non-surgical management of a Type III Salter-Harris fracture in a high school quarterback. Poster presented at: Southwest Athletic Trainers' Association Clinical Symposium; Jul 2025; Frisco, TX.
 - Willingham S, Houston J, Knoblauch M, Elliott A. A case study involving atypical saddle deformity nasal fracture in a collegiate basketball player. Poster presented at: Southwest Athletic Trainers' Association Clinical Symposium; Jul 2025; Frisco, TX.
 - Pate C, Galloway C, Knoblauch M, Harrison L, Elliott A. Open reduction internal fixation of the lateral tibial plateau leading to hemarthrosis in a football player: A case study. Poster presented at: Southwest Athletic Trainers' Association Clinical Symposium; Jul 2025; Frisco, TX.
- **Development of Curricula and Educational Materials**
 - 2023 Elliott A. TeamSTEPPS introductory video: virtual pre-training video for athletic training, speech-language pathology, and social work.
 - 2023 Elliott A. IPE overview: training video for TCU MSAT preceptors.
 - 2022 Elliott A. Feedback in athletic training clinical education.
 - 2022 Elliott A, Godwin K, Croom T. Health professions education, evaluation, and research fellowship promotional video.
 - 2022 Elliott A, Godwin K, Croom T. Basics of curriculum design.

- 2022 Elliott A, Ambrus B, Caloudas S, Caloudas A, Godwin K, Croom T. Basics of health professions education.
 - 2021 Elliott A, Godwin K, Horstman M, Ali A. VA Quality Scholars healthcare improvement: patient safety.
 - 2016 Elliott A. Anterior drawer test of the knee.
- **Invited Talks**
 - 2025 Sideline management of sports injuries. Texas Health Resources.
 - 2024 Roles and responsibilities. UNTHSC Interprofessional Education Event. Fort Worth, TX.
 - 2024 Sideline management of sports injuries. Texas Health Resources.
 - 2023 Sideline management of sports injuries. Texas Health Resources.
 - 2023 Interprofessional communication. UNTHSC Interprofessional Education Event.
 - 2023 Teams and teamwork. UNTHSC Interprofessional Education Event. Fort Worth, TX.
 - 2022 Sideline management of sports injuries. Texas Health Resources.
 - 2022 Roles and responsibilities. UNTHSC Interprofessional Education Event. Fort Worth, TX.
 - 2021 Sideline management of sports injuries. Texas Health Resources. Fort Worth, TX.
 - **Campus or Departmental Talks**
 - 2025 Exploring athletic training: scope, education, and opportunities. Guest lecture for KIN 1352 (Spring and Fall). University of Houston, Houston, TX.
 - 2025 Body, soul, and spirit forum. InterVarsity Campus Ministry (Spring and Fall). University of Houston, Houston, TX.
 - 2023 Myofascial decompression. Texas Christian University, Fort Worth, TX.
 - 2021 Myofascial decompression. Baylor University, Waco, TX.

- 2021 Introduction to Graston technique. Baylor University, Waco, TX.

ACADEMIC SCHOLARSHIP/RESEARCH/CREATIVE ENDEAVORS

Grants

- 2021 Doctoral Student Research Grant, Baylor University Department of Health, Human Performance and Recreation. Primary Investigator: Vineyard AP, Gallucci AR. Jan 2021–Aug 2021. Total Award: \$3,000.
- 2020 Student Grant Award, Southwest Athletic Trainers' Association. Primary Investigator: Vineyard AP, Gallucci AR, Funderburk L, Adair K, Cholewinski M. Jan 2020–Jan 2021. Total Award: \$1,000.
- 2016 Student Grant Award, Southwest Athletic Trainers' Association. Co-Primary Investigator: Vineyard AP, Poe R, Knoblauch M. May 2016–Jan 2017. Total Award: \$500.

Publications

Refereed Journal Articles (also published under A. P. Vineyard)

- Elliott AP, Croom T, Watts BV, Horstman MJ, Godwin KM. Curriculum mapping: Visualizing curricular alignment in a competency-based interprofessional fellowship program. *Med Teach*. 2025:1-5.
- Gardner AK, Pillow TM, Castillo J, Elliott AP, Love S, Hysong S. Curriculum as change agent: Promoting inclusivity through an advanced feedback curriculum. *Med Sci Educ*. 2024. doi:10.1007/s40670-024-02111-y
- Elliott AP, Gallucci AR, Oglesby LW, Funderburk L, Lanning BA, Tomek S. Burnout and adverse outcomes in athletic training students: Why all healthcare educators should be concerned. *Internet J Allied Health Sci Pract*. 2023;21(1):16.
- Gallucci AR, Elliott AP, Oglesby LW, White K, Richardson K. True grit? The relationship between grit and intentions to enter the athletic training profession. *Int J Athl Ther Train*. 2022;1(aop):1-6.
- Oglesby LW, Gallucci AR, Porter AK, Elliott AP. Burnout in secondary school athletic trainers, Part II: Correlations with substance use. *Int J Athl Ther Train*. 2022. Advance online publication.
- Oglesby LW, Gallucci AR, Porter AK, Vineyard AP. Burnout and commission of errors by secondary school athletic trainers. *J Athl Train*. 2022;57(3):234-239.

- Heileson J, Elliott AP, Buzzard J, Cholewinski M, Gallucci AR, Funderburk L. The impact of long-chain omega-3 polyunsaturated fatty acid supplementation on body composition, strength, and power in collegiate athletes. *J Exerc Nutr.* 2022;5(1).
- Vineyard AP, Gallucci AR, Adair K, Oglesby LW, White K, Wynveen C. Prevalence and predictors of burnout in athletic training students: A comparison of undergraduate and graduate students. *Athl Train Educ J.* 2021;16(2):101-111.
- Heileson J, Cholewinski M, Adair K, Vineyard AP, Gallucci AR, Funderburk L. The effect of fish oil supplementation on body composition and strength in a young, athletic population. *J Exerc Nutr.* 2020;3(3).
- Vineyard AP, Gallucci AR, Imbus S, Garrison J, Conway J. Resident case study: Musculocutaneous nerve injury in a collegiate pitcher. *Int J Sports Phys Ther.* 2020;15(5):804-813.
- Velasco F, Cottingham M, Vineyard AP, Asias B. Meeting expenses of wheelchair rugby: Strategies employed to procure funding and promotion by teams and players. *Palestra.* 2017;31(1):16-22.
- Rueda M, Vineyard AP, Orosco A, Cottingham M. A meta-analysis of commonly used supplements allowed by USADA and their known relationship or impact on individuals with spinal cord injuries. United States Quad Rugby Association. 2015.

Books and Other Scholarly Products

- Kabiri L. *The Medical Terminology Textbook: An Active Learning Approach with Less Text and More Fun.* Human Kinetics, Inc; 2026. Invited collaborator.

Manuscripts in Preparation

- Elliott AP, Wittkower D, Shewmake D, Polackek N, Godwin KM. Preparing faculty and clinician scholars to train future healthcare professionals in quality improvement principles: A systematic review. Manuscript in preparation.

Professional Presentations

- **Panels**
 - 2023 EducATionalist townhall cabinet member and panelist. National Athletic Trainers' Association Annual Symposium.
 - 2021 Interprofessionalism in healthcare improvement panelist. Veterans Affairs Quality Scholars Summer Institute.

- **International Presentations**

- Gardner AK, Pillow TM, Castillo J, Elliott AP, Love S, Hysong S. Promoting equitable learning environments through participation in an advanced feedback curriculum. Podium presentation at: 7th International Conference on Faculty Development in the Health Professions; Aug 26–27, 2023; Glasgow, Scotland.

- **National Presentations (also presented under A. P. Vineyard)**

- Vineyard AP, Adair K, Cholewinski M, Heileson J, Gallucci AR, Funderburk L. Sleep habits, nutrition quality, and burnout in Division I college athletes. Podium presentation at: American College of Sports Medicine Annual Meeting; Jun 2021; Orlando, FL.
- Vineyard AP, Adair K, Cholewinski M, Gallucci AR, Funderburk L, Boyer E. Body composition measures and injury rates within collegiate acrobatics and tumbling activities. Podium presentation at: National Athletic Trainers' Association Annual Meeting and Clinical Symposia; Jun 2020; Las Vegas, NV.
- Vineyard AP, Gallucci AR, Imbus S, Garrison J, Conway J. Musculoskeletal nerve injury in a collegiate baseball pitcher. Podium presentation at: National Athletic Trainers' Association Clinical Symposium; Jun 2019; New Orleans, LA.
- Knoblauch MA, Vineyard AP, Poe R. Perceptions of athletic trainer qualifications to perform skills outlined in the BOC Practice Analysis 7. Podium presentation at: National Athletic Trainers' Association Clinical Symposium; Jun 2017; Houston, TX.

- **Regional and State Presentations**

- Elliott AP. Exploring Residency Pathways in Athletic Training. Podium presentation at: SWATA Student Development Workshop; Jan 2026; Fort Worth, TX.
- Cheever K, Elliott AP. Domain IV. Podium presentation at: SWATA Student Development Workshop; Jan 2026; Fort Worth, TX.
- Elliott AP, Wittkower D, Shewmake D, Polackek N, Godwin KM. Preparing faculty and clinician scholars to train future healthcare professionals in quality improvement principles: A systematic review. Podium presentation at: TEACH-S Symposium (Health Sciences Education Reimagined); May 2025; Houston, TX.
- Harrison L, Elliott AP. AI as a partner in clinical education: From care plans to patient simulations. Podium presentation at: Teaching and Learning with AI

Conference for Education Innovation and Technology Annual Series; Feb 2025; Houston, TX.

- Elliott AP, Cheever K. Preparing for Domain IV on the BOC exam. Virtual presentation at: SWATA Student Senate Meeting; Feb 2025.
- Elliott AP. Working with hypermobile athletes. Podium presentation at: SWATA Student Development Workshop; Jan 2025; San Marcos, TX.
- Cheever K, Elliott AP. Domain IV. Podium presentation at: SWATA Student Development Workshop; Jan 2025; San Marcos, TX.
- Elliott AP. Working with hypermobile athletes. Podium presentation at: SWATA Student Development Workshop; Jan 2024; San Marcos, TX.
- Kaeser M, Elliott A. Effectiveness of physical activity on improving quality of life in patients diagnosed with mental health disorders: A critically appraised topic. Poster presentation at: SWATA Clinical Symposium; Jul 2023; Arlington, TX.
- Elliott A, Croom T, Godwin K. Utilizing curriculum mapping methods to create an administrative tool for use within a competency-based advanced fellowship in health professions education, evaluation, and research. Poster presentation at: VA Research Week; May 2022; Houston, TX.
- Elliott A, Croom T, Godwin K. Utilizing curriculum mapping methods to create an administrative tool for use within a competency-based advanced fellowship in health professions education, evaluation, and research. Poster presentation at: Baylor College of Medicine Annual Department of Medicine Symposium; May 2022; Houston, TX.
- Vineyard AP, Adair K, Gallucci AR, Oglesby LW, Amrani K, Wynveen C. Prevalence and predictors of burnout among athletic training students. Poster presentation at: SWATA Clinical Symposium; Jul 2019; Arlington, TX.
- Gallucci AR, Amrani K, Vineyard AP. True grit? The relationship between grit, GPA, and intentions to leave the athletic training profession. Poster presentation at: SWATA Clinical Symposium; Jul 2018; Arlington, TX.
- Vineyard AP, Malloy M, Ashley Y, Yellen J, Knoblauch M. Heterotrophic ossification in male collegiate discus thrower. Poster presentation at: SWATA Clinical Symposium; Jul 2017; San Marcos, TX.
- Knoblauch MA, Vineyard AP, Poe R. Perceptions of athletic trainer qualifications to perform skills outlined in the BOC Practice Analysis 7. Poster presentation at:

Southwest Athletic Trainers' Association Annual Symposium; Jul 2017; San Marcos, TX.